

**MAKING A DIFFERENCE
IS IN DOING THE LITTLE
THINGS TODAY.**

BLYTHE ROWE



SAY G'DAY
blythe@blytherowe.com



*I hated that you made me sit in
the front row, but then I was really
impressed by Blythe that
I forgot I was angry at you!*

AMADEUS IT PACIFIC

**HER ENTHUSIASM
IS SIMPLY
INFECTIOUS!**

ATTENDEE

COMMONWEALTH BANK OF AUSTRALIA

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**PASSIONATE.
ENERGETIC.
ENTHUSIASTIC.
EDGY & BLUNT.**

BLYTHE ROWE

AUTHOR. KEYNOTE SPEAKER. FACILITATOR
& PROUD MUM

Blythe Rowe, often described as a 'little pocket rocket' is widely recognised for her expertise in '**People, Culture & Performance**' as well as her ability to shake things up. She partners with organisations across the globe in their quest to future proof their people and business by developing brain-friendly leaders, building connected and accountable teams and creating workplaces which optimise performance.

Blythe has worked in Senior Human Resources & Organisational Development roles for over 13 years in global organisations and is the author of the book '**Bullies, Blamers & Bludgers**'. She is on a mission to rid workplaces of toxic behaviours, build meaningful relationships and create workplaces worth belonging! Blythe is as authentic as it gets. Audiences absolutely love her energy and passion as well as her simple and pragmatic strategies!



BLYTHE IN ACTION
www.blytherowe.com




SOCIAL CONNECTION
[@BlytheRowe](https://twitter.com/BlytheRowe)



GET IN TOUCH
support@blytherowe.com



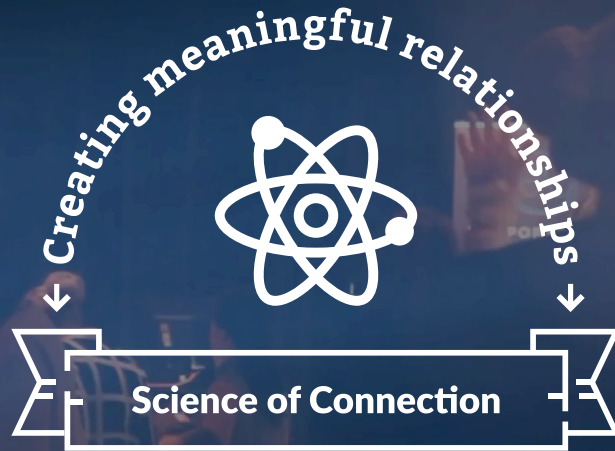
COLLABORATE WITH US!
support@blytherowe.com



Blythe's keynote presentations are always a highlight of our conferences! She is extremely knowledgeable & has an impressive ability to engage, relate to & inspire our audiences.

Blythe always exceeds our expectations in terms of content, attendee feedback & collaterals.

DIRECTOR OF THINKTANK MEDIA



WATCH HER IN ACTION

Click here to watch!



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UNIVERSITY OF TASMANIA

***Terrific & engaging masterclass.
Packed full of strategies, tools and
personal stories. No awkward moments
for the shy people. Thank so much!***



KEYNOTES & EVENTS

THE NEXT BIG THING: PEOPLE

FUTURE-PROOF YOUR BUSINESS

WHY IT MATTERS?

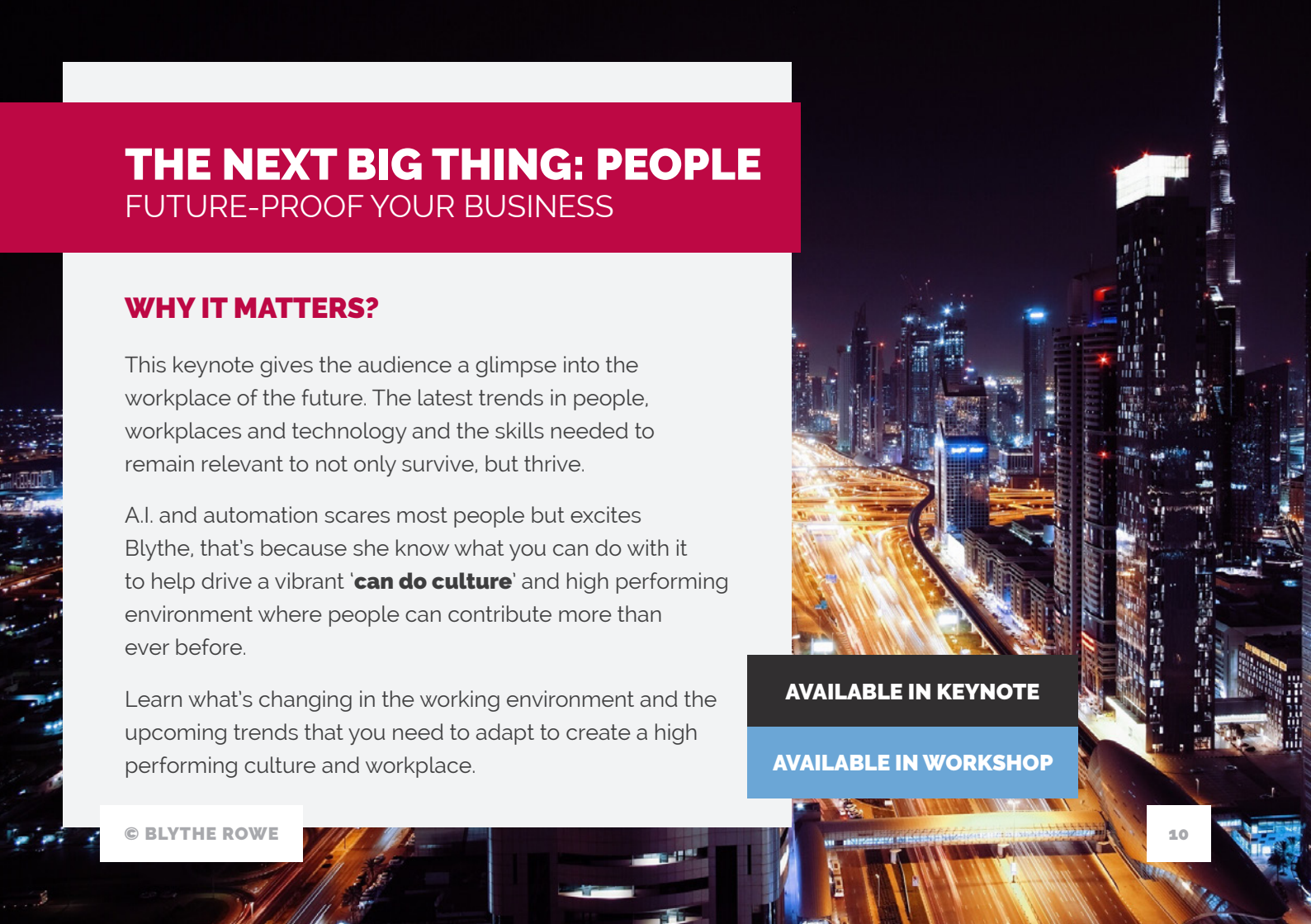
This keynote gives the audience a glimpse into the workplace of the future. The latest trends in people, workplaces and technology and the skills needed to remain relevant to not only survive, but thrive.

A.I. and automation scares most people but excites Blythe, that's because she know what you can do with it to help drive a vibrant '**can do culture**' and high performing environment where people can contribute more than ever before.

Learn what's changing in the working environment and the upcoming trends that you need to adapt to create a high performing culture and workplace.

AVAILABLE IN KEYNOTE

AVAILABLE IN WORKSHOP



WHAT YOU WILL DISCOVER:

- Latest trends in people & culture, workplace structures, talent development & technology
- A glimpse into the workplace of the future and the possibilities (and challenges) this creates
- Why the human skill of “connect-ability” will be more relevant in an artificial world
- Explore the potential jobs of the future
- The necessary mindset shifts needed to survive and thrive
- The three key skills necessary to future proof your career, team or business

WHEN YOU CAN USE IT:

- Keynote: Leaders and business owners who want to stay ahead of the curve and get themselves, their team and their organisations ready for the Technological Revolution
- One day masterclass for variety of audiences

WHO IT'S PERFECT FOR:

- Individuals who want to future-proof their career
- Leaders & business owners
- HR/Organisational Development professionals



**FUTURIST & INNOVATION EXPERT
NILS VESK**

Blythe Rowe's ability to 'see' into the future of the workplace and how people will be working is astounding. Not only is she great at spotting critical emerging workplace trends, she also applies her brilliant strategic people management skills to show you how to capitlise on these trends to ensure your workforce is a force to be reckoned with.

EMERGING WORKPLACE TRENDS CHART



COLLATERALS

We use simple & effective tools & models to develop skills for your team & organisation.



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SUPERCHARGE YOUR CAREER

AMPLIFY YOUR AWESOMENESS

WHY IT MATTERS?

The current working landscape is evolving rapidly. With the onslaught of life changing technology and artificial intelligence, the future workplace will be a totally different place to what it is today. Whilst super exciting, it can also be a little daunting. Effectively, what got you here, won't get you there!

There has never been a more important time for you to take charge of yourself and your career, to ensure you are prepared to take on the challenges of the future workplace! This masterclass will help you do just that!



AVAILABLE IN KEYNOTE

AVAILABLE IN WORKSHOP

WHAT YOU WILL DISCOVER:

- Two main areas you need to take control of in your career
- Differentiate between 'what you do' vs. 'who you are'
- Perfect your Pitch: step into & voice your value
- Bust the 'Just': own your worth and Conquer Confidence
- Tweak your Speak: effective & assertive communication
- Find, build & nurture your support team
- Influence up & out: the savvy way

WHEN YOU CAN USE IT:

- Keynote: a taster presentation for conferences to get your audience thinking, planning & pumped to take control of their career
- One day masterclass for variety of audiences
- Masterclass Series or as part of a 'Rising Stars' program or 'Leadership Development' program

FOCUS:

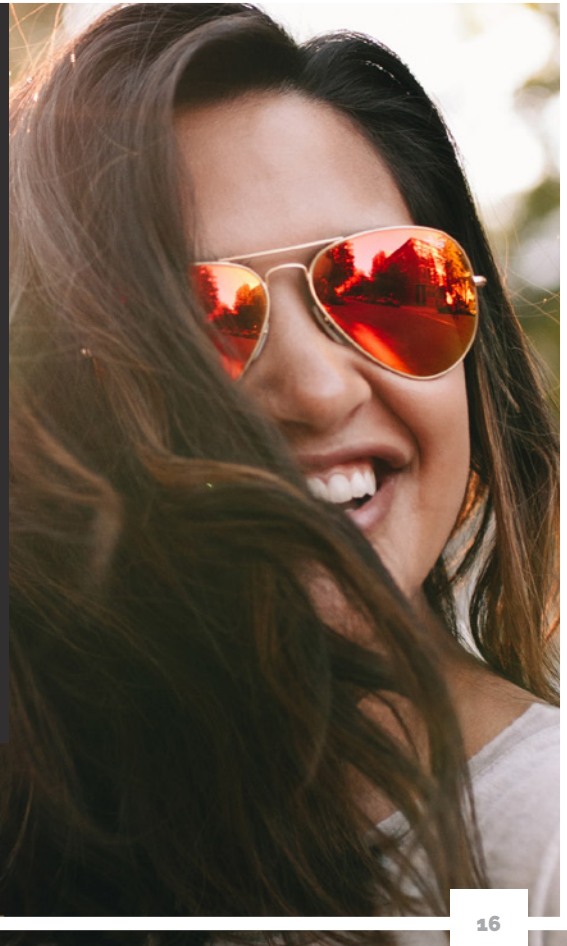
**Own it - Identity,
Build it - Inner Confidence,
Say it - Impact,
Work it - Influence**

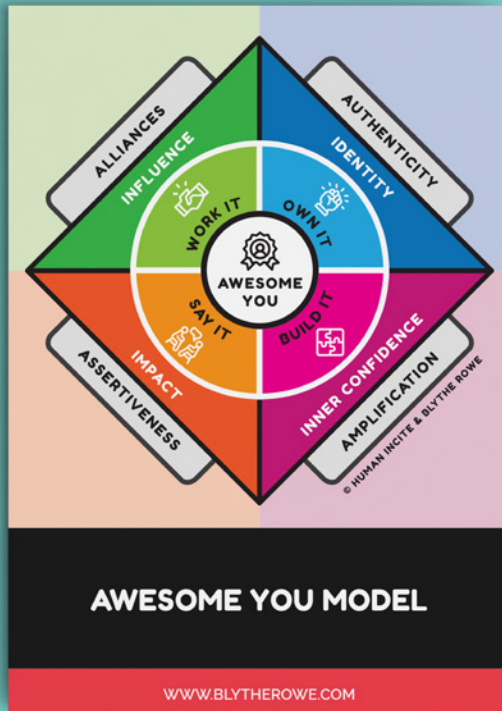
WHO IT'S PERFECT FOR:

- Anyone keen to take charge of their career
- Rising stars or EA/Admin
- Leadership teams
- Female mentoring programs

It was an absolute pleasure to be at the 'Supercharge Your Career'. Honestly, I was totally taken by surprise at how much I took away from that day and you will be glad to know that I have started to apply these tools not only to my career but also my personal life. I truly felt empowered and would love to attend another session!

**ADMINISTRATION ASSISTANT
SUBARU (AUST) PTY LIMITED**





AWESOME YOU MODEL



COLLATERALS

We use simple & effective tools & models to develop skills for your team & organisation.



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THRIVING THROUGH CHANGE

BUILD YOUR RESOURCEFULNESS

WHY IT MATTERS?

We live and operate in a VUCA world. A workplace that is volatile, uncertain, complex and ambiguous. As such, change fatigue is a common issue facing many of our teams and organisations. Yet change is arguably the most natural phenomena known on this planet. And it's getting faster. People often experience stress and anxiety because of this change. Perhaps they have unnecessary stress because of the way they think about change. This masterclass explores this concept and helps participants understand why they may feel and behave the way they do in times of change. More importantly it explores strategies and tools to build resourcefulness, accountability and resilience to thrive through change.

WHAT YOU WILL DISCOVER:

- Why Change Management is not the answer
- How our brain is wired and responds in times of change
- Where you play most & how this could be holding you back
- The difference between a fixed vs growth mindset
- How to mind your language
- How you are more resourceful than probably think
- Why we need to embrace the 'F' bomb if we want to thrive and grow

FOCUS:

**Self awareness, accountability,
resourcefulness, building resilience**

WHO IT'S PERFECT FOR:

- Employees who are going through a change initiative
- Employees working in the current changing environment

WHEN YOU CAN USE IT:

- One day masterclass



PRINCIPAL EXECUTIVE ASSISTANT
DEPARTMENT OF TREASURY AND FINANCE, VICTORIA STATE GOVERNMENT

Blythe Rowe is an amazing presenter! Find the training and development fund because it will be the best investment you will make towards your people's development! She is the best!

THINKING WHEEL



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We use simple & effective tools & models to develop skills for your team & organisation.



GET IN TOUCH

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SCIENCE OF CONNECTION

CREATING MEANINGFUL CONNECTIONS

WHY IT MATTERS?

We live in a digitally connected world, yet many of us are feeling more disconnected than ever. Ironically, science tells us that we are wired to connect and when we don't, the pain we can experience is 'real pain'. The good news is, your brain can be rewired to help you connect even more.

This session teaches you how. Combining her own practical experience with the latest in neuroscience research, Blythe will unpack her '**Connection Formula**' providing practical strategies to build trust and develop meaningful connections, personally and professionally.



WHAT YOU WILL DISCOVER:

- Understand the science behind some human behaviour
- How the brain deals with rejection
- Why co-connection is a vital to minimise the generational gap
- Number one predictor of team performance
- Why vulnerability is a sign of strength not weakness
- The most important molecule to build trust and connection & alleviate stress

WHEN YOU CAN USE IT:

- High energy, highly interactive for conferences or forums.
- Ideal to kickstart your conference to get the audience having fun, getting to know each other & lifting the roof.
- Great after lunch energy booster.

WHO IT'S PERFECT FOR:

- All employees
- Leaders and business owners who want to build meaningful connections with team and customers

FOCUS:
Connection,
neuroscience,
self-leadership focus

*I absolutely loved Blythe's presentation!
The session really motivated me to be a
better manager!*

MANAGER
COFFEE CULTURE NEW ZEALAND





CONNECTION FORMULA



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DRIVING OWNERSHIP

DEVELOPING PEOPLE & REVVING RESULTS

WHY IT MATTERS?

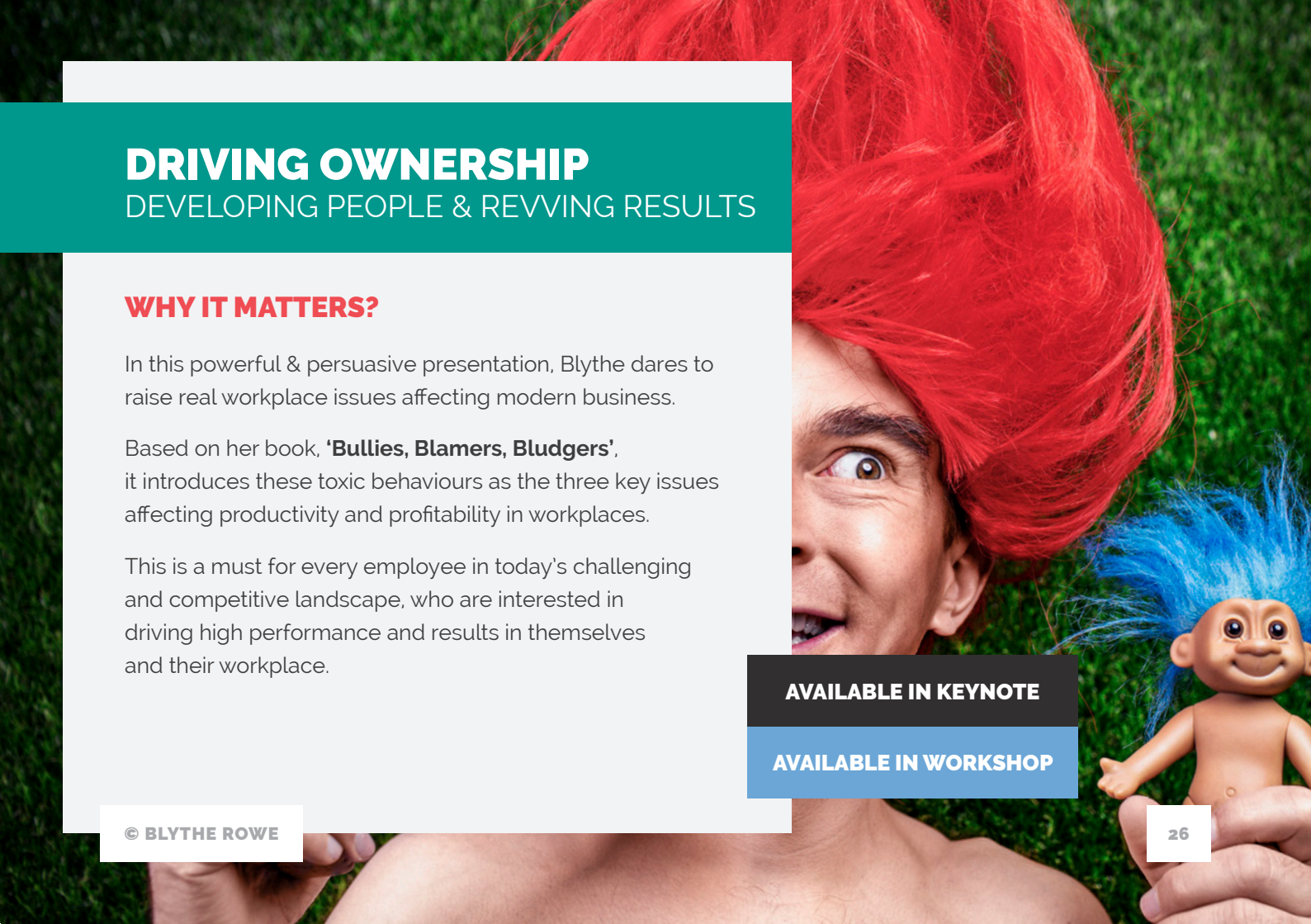
In this powerful & persuasive presentation, Blythe dares to raise real workplace issues affecting modern business.

Based on her book, **'Bullies, Blamers, Bludgers'**, it introduces these toxic behaviours as the three key issues affecting productivity and profitability in workplaces.

This is a must for every employee in today's challenging and competitive landscape, who are interested in driving high performance and results in themselves and their workplace.

AVAILABLE IN KEYNOTE

AVAILABLE IN WORKSHOP



WHAT YOU WILL DISCOVER:

- How to spot the BBB behaviours in yourself and your colleagues
- Why you can not afford to ignore toxic behaviours
- The single most important thing individuals need to do to 'boot these toxic behaviours' from themselves
- Why and how we need to Get R.E.A.L in order to rev up our own results!

WHEN YOU CAN USE IT:

- Ideal keynote presentation to get people reflecting on their own behaviour and inspired to step up.
- When you want to raise serious issues, in a non-serious, light-hearted way.
- Half or full day workshop.

FOCUS:

**Self-leadership, ownership
& accountability**

WHO IT'S PERFECT FOR:

- All employees at all levels
- All leaders or business owners

***Blythe is an inspiration on a cold & wet winter day.
I left the session positively inspired and ready to
take on the negativity that enters my world.
There is so much to learn and Blythe is the
perfect teacher.***

SPECIAL BROADCASTING SERVICE (SBS)

CONNECTION CARDS



Welcome to our
fabulous team!



SHARE THE LOVE

Show you care with a handwritten card to your team, customers or other stakeholders.



GET IN TOUCH

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COMMODORE

RAN COMMANDER FLEET AIR ARM ROYAL AUSTRALIAN NAVY

Your presentation yesterday was magnificent Blythe – there is little doubt you are in the right place doing just what you should be doing. Thank you for helping your Navy's Fleet Air Arm continue on its journey from good to great and great to better.



BULLIES. BLAMERS. BLUDGERS

By Blythe Rowe



BULK ORDER AVAILABLE

Discounts for orders of more than 10 copies!



PLACE AN ORDER

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BUILDING CONNECTED TEAMS

DEVELOPING LEADERSHIP & CULTURE

WHY IT MATTERS?

If you asked your team what they know about the purpose and strategy of your organisation, what would they say? Often, that believe that purpose and strategy are strictly for the Executives and their role is operational. The challenge is this can create disconnected individuals and dysfunctional teams, resulting in toxic behaviours and poor performance.

This keynote outlines the detrimental impact of these toxic behaviours and introduces the '**Business Connection Model**' and the five key questions all employees need answered in order to connect them to your organisation, especially in times of change, to optimise performance and well-being.

AVAILABLE IN KEYNOTE

AVAILABLE IN WORKSHOP

WHAT YOU WILL DISCOVER:

- Why the brain is a contral freak & how it impacts employee behaviour & performance
- Explore the five key questions all employees need answered to connect them to the organisation
- Why culture does not always eat strategy for breakfast
- Five elements of the Business Connection Model
- Key strategies to becoming a 'brain-friendly' leader in today's agile environment

WHEN YOU CAN USE IT:

- Keynote for conference or forum.
- Workshop for leadership teams.

FOCUS:
**Leadership, culture,
connection focus**

WHO IT'S PERFECT FOR:

- People Leaders Senior Leaders
- Business Owners
- Anyone who needs to be able to connect their people to the organisation and create positive movements and optimise performance wellbeing

***Thank you Blythe for delivering your
'Create the Right Kinda Riots' keynote at
our recent Senior Leaders Forum.***

***It was clear to us all that you took the
time to understand our unique needs and
challenges as your content was spot on
and 100% aligned to our CEO's message.***

***Our event would not have been the same
without you! You are the real deal!***

EXECUTIVE DIRECTOR

DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT
NORTHERN TERRITORY GOVERNMENT



BUSINESS CONNECTION MODEL

COLLATERALS
 We use simple & effective tools & models to develop skills for your team & organisation.

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BOOT BULLYING

CALL IT LIKE IT IS

WHY IT MATTERS?

This presentation is so much more than a typical '**Compliance-based**' approach to booting bullying. It explores why what we've done in the past isn't working and offers a new approach.

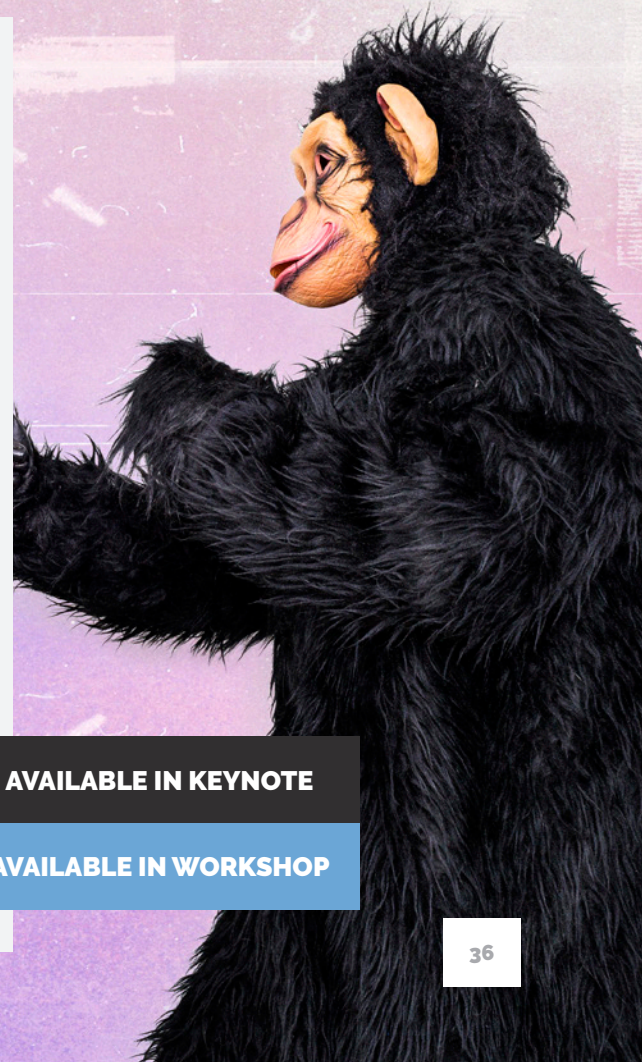
Blythe explores why and how we all need to play an active role in the solution & has delivered this message to over 5,500 people nation-wide. Blythe is renowned for her straight talking and passionate approach to a serious business issue.

Combined with her balanced view of the commercial reality of business and the people aspect, it leads to outstanding outcomes for both individuals and workplaces.

© BLYTHE ROWE

AVAILABLE IN KEYNOTE

AVAILABLE IN WORKSHOP



WHAT YOU WILL DISCOVER:

- **Bullying Myths vs. Realities**
- **Unpacking the behaviours of a workplace bully**
- **Understanding what the target might be thinking, feeling or experiencing**
- **Why everyone must play an active role to boot bullying, not just leadership or HR.**
- **Knowledge, mindset and strategies to allow you to step up if you witness bullying at work**
- **Practical language to help you to face up to a workplace bully, assertively, not aggressively**

WHEN YOU CAN USE IT:

- When you want to raise serious issues, in light-hearted and empowering way.
- When you want a different approach to a serious topic as the typical, compliance-based approach hasn't worked.
- Keynote presentation for conference or forum.
- Half day or full day workshops and/or organisational rollouts.

**Bullying, communication,
empowerment focus**

WHO IT'S PERFECT FOR:

- All employees, leaders and business owners



EXECUTIVE DIRECTOR
DEPARTMENT OF THE CHIEF MINISTER
NORTHERN TERRITORY GOVERNMENT

It was an absolute pleasure to attend your Combat Bullying presentation yesterday. I think we all walked in expecting one thing; and you proved us all wrong!! Well done you. Truly it was great and I sincerely hope our paths cross again.

Combat bullying
begins in your
workplace
So, what now?



Do you need help to Combat Bullying?
Contact us for more information & take action today.
T → 081 8924 7024
E → HRServices.DLPE@nt.gov.au



I think I am being
bullied...
What should I do?



Do you need help to Combat Bullying?
Contact us for more information & take action today.
T → 081 8924 7024
E → HRServices.DLPE@nt.gov.au



So you think
you can handle it?
Let's find out!



Do you need help to Combat Bullying?
Contact us for more information & take action today.
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E → HRServices.DLPE@nt.gov.au



PARTICIPANT COLLATERALS




ACTIVITIES & MORE

Variety of collaterals to explore!



GET IN TOUCH

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That was one of the best keynotes I have ever heard. Blythe was amazing, such a little pocket rocket and so much fun.

I loved every minute of the Science of Connection keynote and the simple tips Blythe shared were exactly what I needed to hear to improve some of my work relationships. Thanks Blythe!

**LOUNGE MANAGER
VIRGIN AUSTRALIA**



INVESTMENT



**LIKE ALL GOOD
RELATIONSHIPS,
I LIKE TO BE
OPEN FROM THE START.**



KEYNOTE & EVENTS

An awesome, energy lifting, thought-provoking keynote presentation to rock your event with unlimited attendees.



COMPREHENSIVE WORKSHOPS

A more intimate, practical and energised workshop specifically tailored for your organisation.



LEADERSHIP DEVELOPMENT

Higher level leadership development with brain based 360° Assessment & online learning tool.

GET IN TOUCH FOR MORE DETAILS
WWW.BLYTHEROWE.COM

We have been working with Blythe for the past six months, her contagious enthusiasm and her ability to take people on the leadership journey with her is phenomenal. Blythe's openness and honesty to real life leadership scenarios is a breath of fresh air, working with Blythe has been an asset to my business.

NATIONAL SENIOR DIRECTOR
McDONALD'S AUSTRALIA LTD





**I MAKE THE
COMPLEX SIMPLE**

FIRST STEP

Drop us a line to say 'G'Day' to get the ball rolling.

Myself, or one of my fabulous team will give you a buzz to see what you're looking for and to see if I can help. If I can't, I am sure one of my other awesome speakers buddies might be able to!

If you are keen to see how I could bring a little Blythe energy & magic to your conference or event, I'd love to meet up & connect in the flesh, I'll shout the coffee.

The way I see it, it's always best to engage me in a keynote conference or workshop as the first step.



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NEXT STEP

If you like what you see & want some more, there are heaps of other options. We could run further workshops, development programs or even entire rollouts for your organisation.

But hey, best to see if you like what you see first, before you commit. And best for me to check out if you really are committed to awesomeness before I block out my diary.

So baby steps!

FINALLY

When you are off and running and no longer need me, we can enjoy an ongoing relationship, on **Linked In**, and other **Social Media** platforms or wherever our paths cross in the future. I will proudly watch your success and spread the word of how amazing my clients are and how much I love what I do!





CLIENTS & PARTNERS

**BECOMING AWESOME,
REMAINING AWESOME,
RETURNING TO
AWESOMENESS!**




THESE ARE NO MEAN FEATS!

From non-for-profit, government departments, to small & large businesses, Blythe partners with organisations who are serious about their people and dedicated to achieving awesomeness. Here are some of the amazing companies she has had the pleasure of working with:





WHAT THEY SAY

A photograph of a conference room. In the foreground, several people are seated at round tables, looking towards the stage. The tables are set with water bottles, glasses, and papers. In the background, a woman in a white dress is standing on a stage, addressing the audience. A large screen is visible behind her, displaying a logo. The room is dimly lit, with the stage area being the primary light source.

***Thank you, Thank you, Blythe. What can I say - Wow!
Fantastic, dedication, passion, commitment, sharing,
personable, exciting, powerful messages, so many
light bulb moments, willingness to be brave and
the courage to do it.***


**CONFERENCE ATTENDEE
NESTLE AUSTRALIA LTD**

I want to firstly start of by saying overall it was a fantastic session! I have been working for Optus nearly 5 years now and by far this has been one of the best sessions I have had the pleasure of being involved in. The key message that stuck most in my mind for the session was the simple notion of, “Am I doing the utmost best everyday when I come into work?” Once again, it was a fantastic session and if Blythe has anymore presentations, I would most definitely put my hand up to be one of the first to attend that session.

**STORE MANAGER
OPTUS YES**

© BLYTHE ROWE

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Thanks for an enjoyable day, Blythe. Your enthusiastic & edgy approach certainly resonated with me. The mixture of activities & theory kept the day interesting & moving at a good pace. The day didn't drag on and kept me engaged for the whole time. Thank you!

WORKSHOP ATTENDEE
AUSTRALIAN CATHOLIC UNIVERSITY



WANNA CONNECT?

If you like what you see and want more of what Blythe does best, get connected through her LinkedIn & Social Media platforms and get updated on her latest activity.





GENERAL ENQUIRIES

Feel free to chat to us about our programs, keynote speaking & any questions you have!



INTERESTED IN COLLABORATING?

Are you interested in collaborating with us? We definitely are interested in possibilities that will inspire us!



PROGRAM OVERVIEWS & MORE?

Visit Blythe's website to find out more on her programs & keynotes!

VISIT BLYTHE'S WEBSITE FOR MORE
WWW.BLYTHEROWE.COM



GET IN TOUCH & CONNECT

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DROP US A LINE!

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