

MANTRA #9

**BE A** *trust  
maker!*



# WHY?

*Working virtually has many benefits for individuals, teams and organisations. But if not done well, it can cause havoc to the level of trust in a team and consequently, performance. Trust is the critical ingredient necessary for remote work to actually work!*

## WHAT DO YOU

notice are some of the **risk factors** to your **workplace relationships and levels of trust** in your team when working virtually?

## WHAT DO YOU

notice you feel if **trust is broken**? How does this **impact** your **behaviour, team communication** and **performance**?

# HOW?

*We need to recognise that trust is fragile. It needs to be earned and trust can very easily be broken by simple actions we do or by actions that we do not do.*

## CHALLENGE WE FACE

Whilst trust levels might be high between individuals, the disruptive environment we're operating in can create tension, stress and distrust.

## ACTION

Time to reflect on potential trust breakers and the antidote to these, the trust makers.

## TIP #1



Our **Trusted Leaders Program** aims to assist leaders to understand human behaviour to build trust, maintain trust and exhibit trust within their teams. Leaders will master how to create '**Sticky**' (Connected) **Teams**, have cut-through conversations that matter and optimise the performance and wellbeing of their team, all while leading virtually.

**VIRTUAL TRAINING & MASTERCLASS AVAILABLE**

# YOUR 2020

# CHALLENGE

Here's a simple #2020Challenge to build trust in the team!

1. Determine who you want to build more trust with.
2. Reflect on the trust breakers: are you guilty of any?
3. Focus on actioning one trust maker, per day for 5 days!

Do one *trust making*  
activity for five days!

#### Trust Making Activity Ideas?

- ♥ Check in on them personally
- ♥ Listen: ask more than you talk
- ♥ Share something personal
- ♥ Ask for help
- ♥ Offer your assistance

